

Aaron Koch

Director of Tennis

- UPSTA Certified Professional P-1
- United States Tennis Association High Performance Coaching Certification
- Successfully completed USTA Level 1, Level 2 A, B, & C Sports Science Certification
- Inducted in the Heidelberg University Athletic Hall of Fame 2011
- 2004 Ohio Tennis Professional of the Year
- Director of Columbus Area Training Center
- Head Coach of OVTA 14's Midwest Section District Team Cup
- Previous coach for three years of the 12 and under Junior Davis/Wightman Cup
- USPTA Fay Tooley Award recipient
- Midwest Zonal Head Coach
- MVP on Heidelberg College tennis team all four years of play
- Two time winner of Ohio Athletic Conference (OAC) in singles

**Private Lessons:
\$55 for an hour
\$30 for ½ hour**

Chuck Halm

Club Manager

- Assistant Tennis Professional
- USPTA Certified Professional
- Been playing tennis for 45 years
- Played tournament tennis in Northern Ohio as junior and play on USTA adult league teams
- Been working with Aaron over the past year on all aspects of teaching the game
- Coached many other sports including soccer, basketball and baseball

**Private Lessons:
\$48 for an hour
\$25 for ½ hour**

Gabe Seymour

Tennis Professional

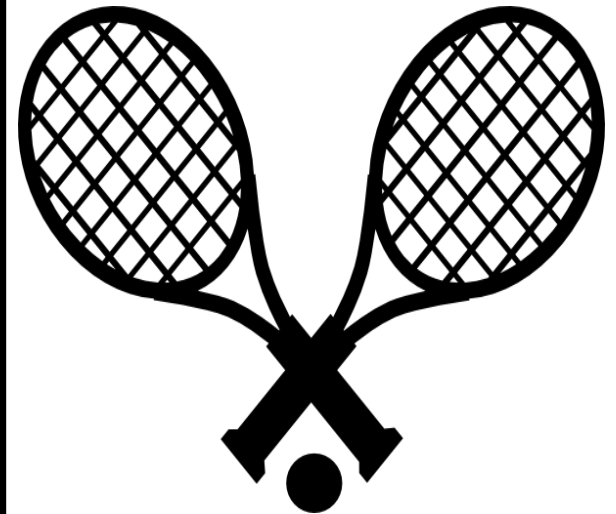
- Three Time State Qualifier
- Instructed Tennis at Skylemar, a sports camp in Naples, Mainre, for four years
- Played Four Years College tennis at Charleston University

**Private Lessons:
\$48 for an hour
\$25 for ½ hour**

Chillicothe Fitness & Racquet Club

(740) 773-4928

Junior Development
Tennis Program Summer 2016
Competitive Program
Starts June 1st



Aaron Koch

Director of Tennis
(740) 703-7672

aaronkochtennis@gmail.com

Quickstart and Ralleyball

The play format for this program takes a new and better approach to introducing kids to tennis. Balls are lower in compression, racquets are sized for small hands, and courts are smaller and easier to cover. All that equals more fun and less frustration.

Ages 5-8

Thursday 5:00 PM – 6:00 PM

Ages 9-12

Thursday 6:00 PM – 7:00 PM

Grades 6-8

Tuesday 6:00- 7:00 pm

Summer is \$85 members and \$95 Non-members

Ankle Biters

The hope for this class is to teach the children to love being on the tennis court. The foundation of tennis will be taught through fun games using low compression balls.

Monday and Thursday

5:15 PM – 6:00 PM

\$11 per day for Members

\$13 per day for Non-Members

Future Stars

This class is designed for students already serious about learning how to play tennis. It emphasizes motor-mechanics and movement while the basics of match play are developed through fun and interesting games.

Will be taught with Green dot Ball.

Monday-Friday

11:00-12:00

\$14 per day for Members

\$16 per day for Non-Members

***Or pay for the Summer \$430 for members and \$460 for Non-Members**

Stars

This class is designed to develop and improve the necessary skills for high school tennis and beyond. (Students must already be able to serve and play points, as taught in Future Stars.)

Monday -Thursday

2:30-4:00 PM

\$22 per day for Members

\$24 per day for Non-Members*

***Or pay for the Summer \$645 for Members and \$675 for Non-members**



2016 Tournament Schedule

July 8-10	Ohio Valley Singles Championship
July 22-24	USPTA Junior Indoor
Aug. 5-7	First Annual Clay Court Championship
Sept. 2-4	The Buckeye Challenger
Sept. 23-24	Chillicothe Challengers
Oct. 14-16	Chillicothe Open
Nov.13-15	Chillicothe Junior Indoor
Dec. 4-6	CFRC Master

***If you are paying for the summer you can pay three equal payments in June, July, and August.**

High Performance Training

HPT is an advanced youth tennis training program that helps current tournament and high school players to develop the mental, physical, and emotional components needed to compete at a college level.

Monday-Thursday

12:00-2:30 PM

Match Play 3:00-4:30 PM

Friday 12:00 to 2:30 PM

\$28 per day for Members

\$32 per day for Non-Members

***Or pay for the Summer \$790 for members and \$815 for Non-members**



High Performance Junior

This is for dedicated 14 and under players. The program will teach mental, physical, and emotional tools. Player will learn specific match strategy and percentage play from all court positions. Will need to be a USTA Member and have and will be expected to play in tournament and to match play events.

Monday-Thursday

9:00-11:00

Monday-Thursday

12:00 to 1:30

Friday 9:00 to 11:00

\$25 per day for Members

\$28 per day for Non-Members

***Or pay for the Summer \$775 for members and \$795 for Non-members**